

## Adult Advisor Letter of Commitment

As a caring, connected, and positive Adult Advisor for the (School, District or Community Org) Sources of Strength team I am committed to guiding and supporting the Peer Leaders in their efforts. In my role as an Adult Advisor, I am committed to partnering with the Primary Coordinator and other Adult Advisors to:

### Pre-Training and Training

- Nominate a diverse group of students who hold influence within their social groups to be Peer Leaders, and encourage other staff to do so as well;
- Participate in the 3-6 hour Adult Advisor Training (Date: \_\_\_\_\_);
- Participate in 4.5-6 hour Peer Leader Training with Peer Leaders (Date: \_\_\_\_\_);
- Schedule the first Sources of Strength meeting within 10 days of the Peer Leader Training;
- Assist in an overview presentation of Sources of Strength for school staff, administration, school board, faith community, or other stakeholder groups.

### Meetings and Campaigns

- Attend Sources of Strength meetings at least 2x per month for one hour with the Peer Leaders, or commit to finding consistent meeting times agreed upon by Peer Leader and other Adult Advisors;
- Assist Peer Leaders in completing at least 3-4 messaging campaigns throughout the school year;
- Maintain the simple planning meeting formula of "One Part Fun, One Part Sharing, One Part Planning".
- Celebrate, evaluate, and share success with Sources of Strength team after completed campaigns and at the end of each school year.

### Ongoing Support and Resources

- Follow safe messaging guidelines of the Sources of Strength program and guide Peer Leaders in spreading Hope, Help, Strength messages in their school and community;
- Support ongoing connection between students and Trusted Adults in the school;
- Participate in the support framework and technical assistance provided by Sources of Strength staff;
- Complete all required evaluations, assessments, or research expectations.
- Share success examples with the national Sources of Strength team through email, Sources of Strength social media, on a teleconference, or through webinars.

Full Name \_\_\_\_\_

School/Agency \_\_\_\_\_

Phone(s) \_\_\_\_\_ E-Mail \_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_